

Gravitational Waves from Topological Defects in the Early Universe

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5th Workshop on High Energy Physics in Guangzhou

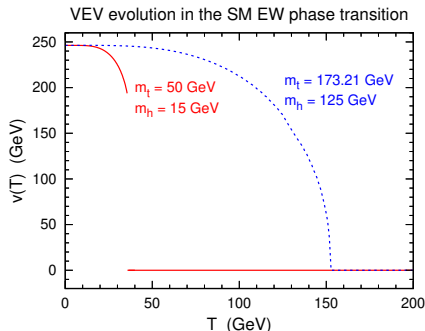
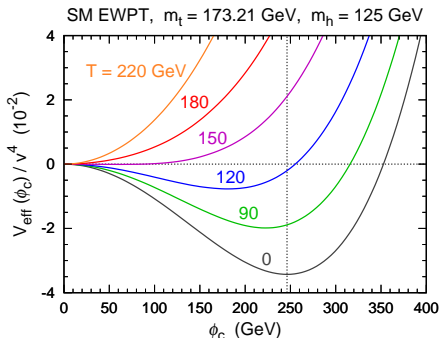
December 29, 2023, Guangzhou University



Cosmological Phase Transition

🔥 **Spontaneously broken symmetries** in field theories can be **restored** at **sufficiently high temperatures** due to **thermal corrections** to the **effective potential**

☁️ In the history of the Universe, **spontaneous symmetry breaking** manifests itself as a **cosmological phase transition**



Topological Defects



Consider that **some scalar fields** acquire nonzero **vacuum expectation values** (VEVs), which **break** a **symmetry group** G to a **subgroup** H



The **manifold** consisting of all **degenerate vacua** is the **coset space** G/H



The **topology** of the **vacuum manifold** G/H can be characterized by its **n -th homotopy group** $\pi_n(G/H)$, which are formed by the homotopy classes of the mappings from an **n -dimensional sphere** S^n into G/H



A **nontrivial** $\pi_n(G/H)$ leads **topological defects** [Kibble, J. Phys. A9 (1976) 1387]

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Nontrivial $\pi_0(G/H)$: two or more disconnected components



Domain walls (2-dim topological defects)



Nontrivial $\pi_1(G/H)$: incontractable closed paths

$$\pi_0(G/H) = \mathbb{Z}_2$$



Cosmic strings (1-dim topological defects)



Nontrivial $\pi_2(G/H)$: incontractable spheres



Monopoles (0-dim topological defects)



$$\pi_1(G/H) = \mathbb{Z}$$

Cosmic Strings from U(1) Gauge Symmetry Breaking

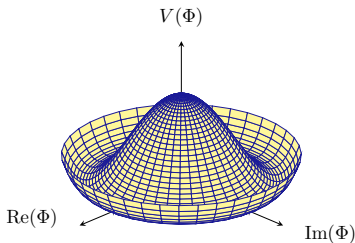
👤 Consider the **Abelian Higgs model** with a **complex scalar field** Φ

$$\mathcal{L} = (D^\mu \Phi)^\dagger (D_\mu \Phi) - V(\Phi) - \frac{1}{4} X^{\mu\nu} X_{\mu\nu}, \quad V(\Phi) = -\mu_\phi^2 |\Phi|^2 + \frac{\lambda_\Phi}{2} |\Phi|^4$$

🟢 The covariant derivative of Φ is $D_\mu \Phi = (\partial_\mu - iq_\Phi g_X X_\mu) \Phi$

🌂 The field strength tensor of the **U(1)_X gauge field** X^μ is $X_{\mu\nu} = \partial_\mu X_\nu - \partial_\nu X_\mu$

🧸 Assume a **Mexican-hat potential** $V(\Phi)$ with **degenerate vacua** $\langle \Phi \rangle = v_\Phi e^{i\varphi} / \sqrt{2}$



Cosmic Strings from U(1) Gauge Symmetry Breaking

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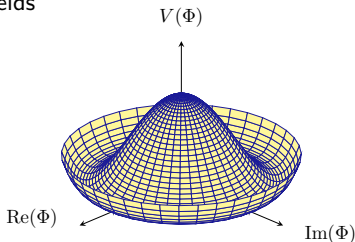
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Assume a **Mexican-hat potential** $V(\Phi)$ with **degenerate vacua** $\langle \Phi \rangle = v_\Phi e^{i\varphi} / \sqrt{2}$

The **spontaneous breaking** of the **U(1)_X gauge symmetry** in the early Universe would induce **cosmic strings**, which are concentrated with energies of the scalar and gauge fields



Degenerate vacua

$$v_\Phi e^{i\varphi} / \sqrt{2}$$

$$\varphi = \varphi + 2\pi n$$

$n \neq 0$ leads to

cosmic strings

Cosmic String Tension

📖 A **network** of **cosmic strings** would be formed in the early universe after the spontaneous breaking of the $U(1)_X$ gauge symmetry

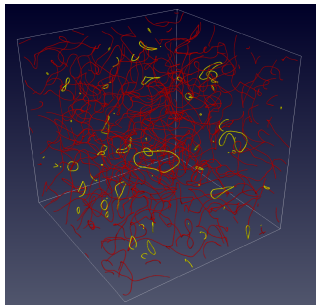
🧵 The **tension** of **cosmic string** μ (energy per unit length) can be estimated as

$$\mu \simeq \begin{cases} 1.19\pi v_\Phi^2 b^{-0.195}, & 0.01 < b < 100, \\ \frac{2.4\pi v_\Phi^2}{\ln b}, & b > 100, \end{cases} \quad b \equiv \frac{2q_\Phi^2 g_X^2}{\lambda_\Phi}$$

[Hill, Hodges, Turner, PRD **37**, 263 (1988)]

💡 As $\mu \propto v_\Phi^2$, a **high symmetry-breaking scale** v_Φ would lead to cosmic strings with **high tension**

💡 Denoting G as the **Newtonian constant of gravitation**, the **dimensionless quantity** $G\mu$ is commonly used to describe the **tension** of cosmic strings



[Kitajima, Nakayama, 2212.13573, JHEP]

Gravitational Waves from Cosmic Strings



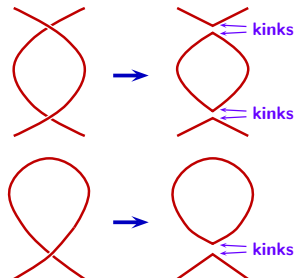
According to the analysis of string dynamics, the **intersections** of **long strings** could produce **closed loops**, whose size is smaller than the Hubble radius



Cosmic string loops could further fragment into **smaller loops** or reconnect to **long strings**



Loops typically have localized features called “**cusps**” and “**kinks**”



Gravitational Waves from Cosmic Strings

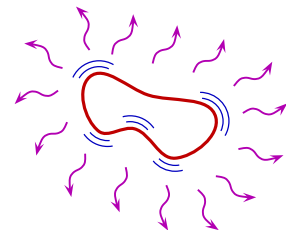
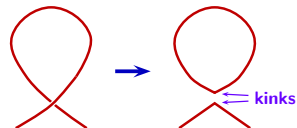
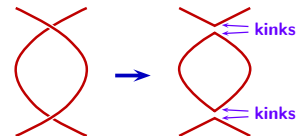
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🏏 Loops typically have localized features called “**cusps**” and “**kinks**”

📡 The **relativistic oscillations** of the **loops** due to their **tension** emit **Gravitational Waves (GWs)**, and the loops would **shrink** because of **energy loss**

🔔 Moreover, the **cusps** and **kinks** propagating along the loops could produce **GW bursts** [Damour & Vilenkin, gr-qc/0004075, PRL]



Power of Gravitational Radiation



At the **emission time** t_e , a **cosmic string loop** of **length** L emits GWs with **frequencies** $f_e = \frac{2n}{L}$



$n = 1, 2, 3, \dots$ denotes the **harmonic modes** of the loop oscillation



Denoting P_n as the **power** of **gravitational radiation** for the harmonic mode n in units of $G\mu^2$, the total power is given by $P = G\mu^2 \sum_n P_n$



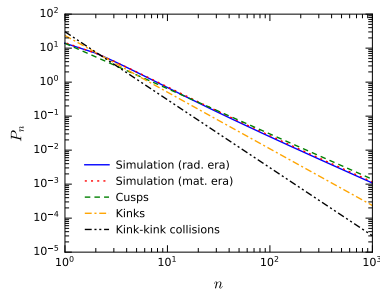
According to the **simulation** of **smoothed cosmic string loops** [Blanco-Pillado & Olum, 1709.02693, PRD], P_n for loops in the **radiation** and **matter** eras are obtained



The **total dimensionless power** $\Gamma = \sum_n P_n$ is estimated to be ~ 50



For comparison, analytic studies show that $P_n \simeq \frac{\Gamma}{\zeta(q)n^q}$ with $q = \frac{4}{3}, \frac{5}{3}, 2$ for **cusps**, **kinks**, and **kink-kink collisions**



Stochastic GW Background Induced by Cosmic Strings

🔌 The **energy** of **cosmic strings** is converted into the **energy** of **GWs**, and an **stochastic GW background (SGWB)** is formed due to **incoherent superposition**

💡 The **SGWB energy density** ρ_{GW} per unit frequency at the present is

$$\frac{d\rho_{\text{GW}}}{df} = G\mu^2 \int_0^{z_*} \frac{1}{H(z)(1+z)^6} \sum_n \frac{2nP_n}{f^2} n\left(\frac{2n}{f(1+z)}, t(z)\right) dz$$

🕯️ $n(L, t) dL$ is the **number density** of **cosmic string loops** at cosmic time t in length interval dL

🕯️ $H(z)$ is the Hubble rate and z_* is the redshift where the GW emissions start

💡 The **SGWB spectrum** is often represented by

$$\Omega_{\text{GW}}(f) = \frac{1}{\rho_c} \frac{d\rho_{\text{GW}}}{d \ln f} = \frac{f}{\rho_c} \frac{d\rho_{\text{GW}}}{df}$$

🔦 $\rho_c = \frac{3H_0^2}{8\pi G}$ is the critical density

Loop Number Density: BOS model



There are various approaches for modeling the **loop number density** $n(L, t)$



The **BOS model** [Blanco-Pillado, Olum & Shlaer, 1309.6637, PRD] extrapolates the loop production function found in simulations of Nambu-Goto strings



The loop number densities produced in the **radiation** and **matter** era, and that **produced in the radiation era and still surviving in the matter era** are given by

$$n_r(L, t) \simeq \frac{0.18 \theta(0.1t - L)}{t^4 (\gamma + \gamma_d)^{5/2}}$$

$$n_m(L, t) \simeq \frac{(0.27 - 0.45\gamma^{0.31}) \theta(0.18t - L)}{t^4 (\gamma + \gamma_d)^2}$$

$$n_{r \rightarrow m}(L, t) \simeq \frac{0.18 t_{\text{eq}}^{1/2} \theta(0.09 t_{\text{eq}} - \gamma_d t - L)}{t^{9/2} (\gamma + \gamma_d)^{5/2}}$$



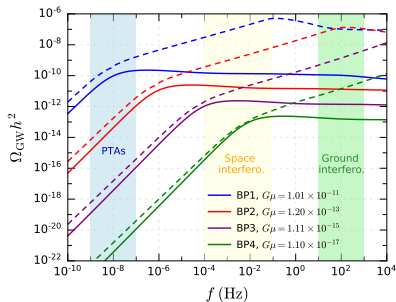
$\gamma \equiv \frac{L}{t}$ is a **dimensionless variable**



$\gamma_d = -\frac{dL}{dt} \simeq \Gamma G\mu$ is the **loop shrinking rate**



$t_{\text{eq}} = 51.1 \pm 0.8 \text{ kyr}$ is the cosmic time at the **matter-radiation equality**



BOS model: solid lines

Loop Number Density: LRS model



The **LRS model** [Lorenz, Ringeval & Sakellariadou, 1006.0931, JCAP] takes into account the **gravitational backreaction effect**, which prevents loop production below a certain scale $\gamma_c \simeq 20(G\mu)^{1+2\chi}$ [Polchinski & Rocha, gr-qc/0702055, PRD]

$$n(L, t) \simeq \begin{cases} \frac{C}{t^4(\gamma + \gamma_d)^{3-2\chi}}, & \gamma_d < \gamma \\ \frac{(3\nu - 2\chi - 1)C}{2t^4(1 - \chi)\gamma_d\gamma^{2(1-\chi)}}, & \gamma_c < \gamma < \gamma_d \\ \frac{(3\nu - 2\chi - 1)C}{2t^4(1 - \chi)\gamma_d\gamma_c^{2(1-\chi)}}, & \gamma < \gamma_c \end{cases}$$



Radiation era: $\nu = 1/2$, $C \simeq 0.0796$, $\chi \simeq 0.2$



Matter era: $\nu = 3/2$, $C \simeq 0.0157$, $\chi \simeq 0.295$

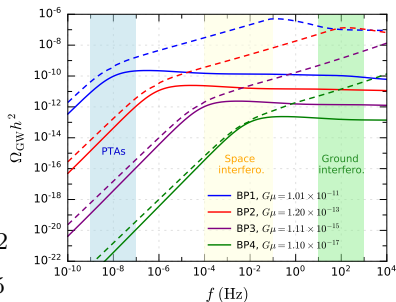


Smaller $G\mu$ means smaller GW emission power,

and loops could survive longer, leading to **more smaller loops** radiating at **higher f**



The **LRS model** gives a **very high number density** of **small loops** in the $\gamma < \gamma_c$ regime, which significantly contribute to **high frequency GWs**



LRS model: dashed lines

GW Experiments



The **SGWB** originating from **cosmic strings** covers an **extremely broad range** of **GW frequencies**



It is an interesting target for various types of **GW experiments**



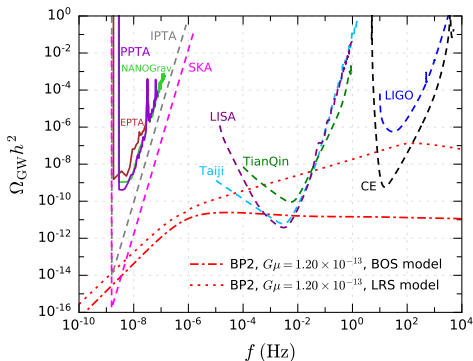
Pulsar timing arrays (PTAs) in 10^{-9} – 10^{-7} Hz: **NANOGrav, PPTA, EPTA, CPTA, IPTA, SKA, ...**



Ground-based interferometers in 10 – 10^3 Hz: **LIGO, Virgo, KAGRA, CE, ET, ...**



Space-borne interferometers in 10^{-4} – 10^{-1} Hz: **LISA, TianQin, Taiji, BBO, DECIGO, ...**



Constraints and Sensitivity of GW Experiments



We study the **SGWB** from **cosmic strings** generated in a UV-complete model for **pNGB dark matter** (DM) with a **spontaneously broken $U(1)_X$ gauge symmetry** [DY Liu, CF Cai, XM Jiang, **ZHY**, HH Zhang, 2208.06653, JHEP]



The DM candidate in this model can **naturally evade direct detection bounds**



The **bound** on the **DM lifetime** implies a symmetry-breaking scale $v_\Phi > 10^9$ GeV

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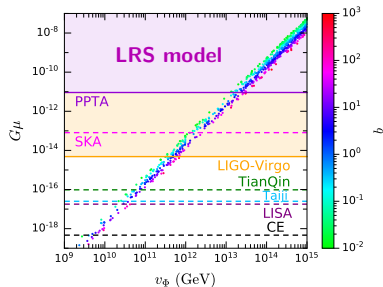
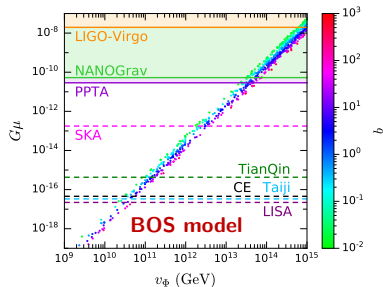
🐱 The DM candidate in this model can **naturally evade direct detection bounds**

🐮 The **bound** on the **DM lifetime** implies a symmetry-breaking scale $v_\Phi > 10^9$ GeV

🐎 Constraints from **LIGO-Virgo**, **NANOGrav**, and **PPTA** have excluded the parameter points with $v_\Phi \gtrsim 5 \times 10^{13}$ (7×10^{11}) GeV

🦄 The future experiment **LISA** (CE) can probe v_Φ down to $\sim 2 \times 10^{10}$ (5×10^9) GeV assuming the **BOS** (**LRS**) model for loop production

[ZY Qiu, **ZHY**, 2304.02506, CPC]



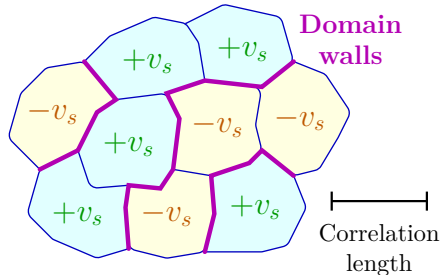
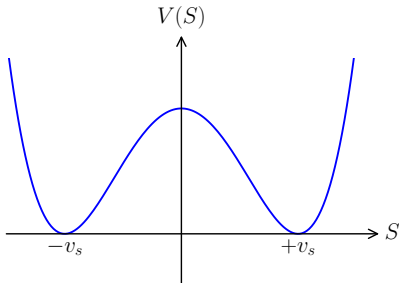
Domain Walls

🌀 **Domain walls (DWs)** are **two-dimensional topological defects** which could be formed when a **discrete symmetry** of the **scalar potential** is **spontaneously broken** in the early universe

▢ They are **boundaries** separating spatial regions with different **degenerate vacua**

🚫 **Stable DWs** are thought to be a **cosmological problem** [Zeldovich, Kobzarev, Okun, Zh.Eksp.Teor.Fiz. **67** (1974) 3]

⚠️ As the universe expands, the **DW energy density** decreases **slower** than radiation and matter, and would soon **dominate** the total energy density



Collapsing Domain Walls



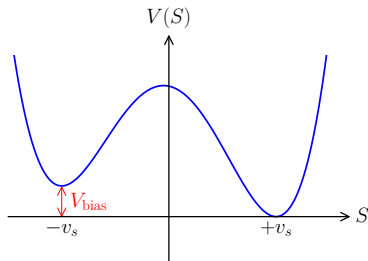
It is **allowed** if **DWs collapse** at a very early epoch [Vilenkin, PRD **23** (1981) 852; Gelmini, Gleiser, Kolb, PRD **39** (1989) 1558; Larsson, Sarkar, White, hep-ph/9608319, PRD]



Such **unstable DWs** can be realized if the **discrete symmetry** is **explicitly broken** by a **small potential term** that gives an **energy bias** among the minima of the potential



The bias induces a **volume pressure force** acting on the DWs that leads to their collapse



Collapsing DWs significantly produce **GWs** [Preskill *et al.*, NPB 363 (1991) 207; Gleiser, Roberts, astro-ph/9807260, PRL; Hiramatsu, Kawasaki, Saikawa, 1002.1555, JCAP]



A **SGWB** would be formed and remain to the present time



It could be the one probed by **recent PTA experiments**

Strong Evidence for a nHz SGWB from PTAs



On June 29, four **pulsar timing array (PTA)** collaborations **NANOGrav** [2306.16213, 2306.16219, ApJL], **CPTA** [2306.16216, RAA], **PPTA** [2306.16215, ApJL], and **EPTA** [2306.16214, 2306.16227] reported **strong evidence** for a nHz **stochastic gravitational wave background (SGWB)** with expected **Hellings-Downs correlations**



Potential **gravitational wave (GW)** sources include



Supermassive black hole binaries



Inflation



Scalar-induced GWs



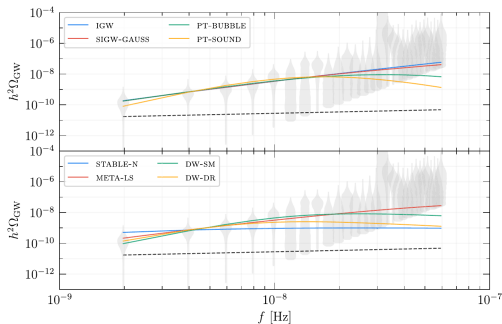
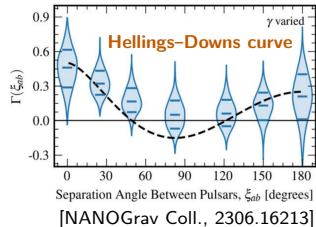
First-order phase transitions




Cosmic strings




Collapsing domain walls




Spontaneously Broken Z_2 Symmetry


 We consider a **real scalar field** S with a **spontaneously broken Z_2 -symmetric potential** as the **origin** of **DWs** [Zhang, Cai, Su, Wang, **ZHY**, Zhang, 2307.11495, PRD]

 The **Lagrangian** is $\mathcal{L} = \frac{1}{2}(\partial_\mu S)\partial^\mu S + (D_\mu H)^\dagger D^\mu H - V_{Z_2}$ with a **Z_2 -conserving potential** $V_{Z_2} = -\frac{1}{2}\mu_S^2 S^2 + \mu_H^2 |H|^2 + \frac{1}{4}\lambda_S S^4 + \lambda_H |H|^4 + \frac{1}{2}\lambda_{HS} |H|^2 S^2$


 H is the **standard model (SM) Higgs field** and S is a **SM gauge singlet**


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 H is the **standard model (SM) Higgs field** and S is a **SM gauge singlet**

 \mathcal{L} respects a **Z_2 symmetry** $S \rightarrow -S$, which is **spontaneously broken** as S gains nonzero **vacuum expectation values (VEVs)** $\langle S \rangle = \pm v_s$ with $v_s \gg v$ for $\mu_S^2 > 0$

 Assuming $\mu_H^2 > 0$ and $\lambda_{HS} < 0$, the effective quadratic parameter for H becomes $\mu_H^2 + \lambda_{HS} v_s^2/2 < 0$, resulting in a nonzero Higgs VEV $\langle H \rangle = \frac{1}{\sqrt{2}} \begin{pmatrix} 0 \\ v \end{pmatrix}$ and the **spontaneous breaking** of the **electroweak symmetry**

 The **electroweak** and **Z_2 symmetries** would be **restored** at **sufficiently high temperatures** due to **thermal corrections** to the scalar potential

Kink Solution



A **DW** corresponds to a **kink solution** of the equation of motion for S given by

$$S(z) = v_s \tanh \frac{z}{\delta}, \quad \delta \equiv \left(\sqrt{\frac{\lambda_S}{2}} v_s \right)^{-1}$$

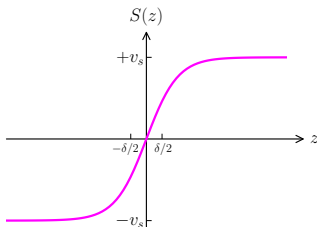


$S(z)$ approaches the **VEVs** $\pm v_s$ for $z \rightarrow \pm\infty$



The **DW** locates at $z = 0$ with a **thickness** δ ,

separating **two domains** with $S(z) > 0$ and $S(z) < 0$



The **DW tension** (**surface energy density**) is $\sigma = \frac{4}{3} \sqrt{\frac{\lambda_S}{2}} v_s^3$




Inside each domain with $S \sim S(\pm\infty) \approx \pm v_s$, we can parametrize H and S as


$$H(x) = \frac{1}{\sqrt{2}} \begin{pmatrix} 0 \\ v + h(x) \end{pmatrix}, \quad S(x) = \pm v_s + s(x)$$





Assuming $v_s \gg v$ and $\lambda_{HS}^2 \ll \lambda_H \lambda_S$, the masses squared of the **scalar bosons** h and s are given by $m_h^2 \approx 2\lambda_H v^2$ and $m_s^2 \approx 2\lambda_S v_s^2$

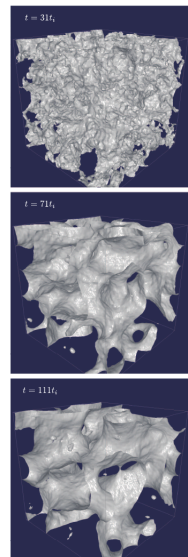
Evolution of Domain Walls

 After DWs are created, their **tension** σ acts to **stretch** them up to the **horizon size** if the **friction** is **negligible**, and they would enter the **scaling regime** with **energy density** $\rho_{\text{DW}} = \frac{\mathcal{A}\sigma}{t}$

 $\mathcal{A} \approx 0.8 \pm 0.1$ is a numerical factor given by lattice simulation

 $\rho_{\text{DW}} \propto t^{-1}$ implies that DWs are **diluted more slowly** than **radiation** and **matter**

 If DWs are **stable**, they would soon **dominate** the evolution of the universe, **conflicting** with cosmological observations



[Hiramatsu *et al.*, 1002.1555]

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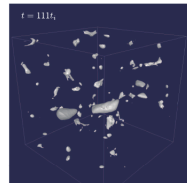
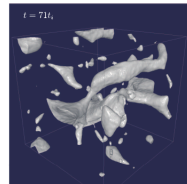
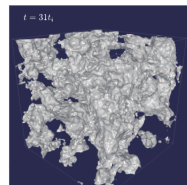
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This can be evaded by an **explicit Z_2 -violating potential**

$$V_{\text{vio}} = \kappa_1 S + \frac{\kappa_3}{6} S^3$$

V_{vio} generates a **small energy bias** between the two minima

It leads to a **volume pressure force** acting on the DWs, making the **DWs collapse** and the **false vacuum domains shrink**



[Hiramatsu *et al.*, 1002.1555]

Energy Bias and Annihilation Temperature

With the Z_2 -violating potential V_{vio} , the **two minima** are shifted to

$$v_{\pm} \approx \pm v_s - \delta, \text{ with } \delta \approx \frac{2\kappa_1 + \kappa_3 v_s^2}{4\lambda_S v_s^2}$$

The **energy bias** between the **minima** is

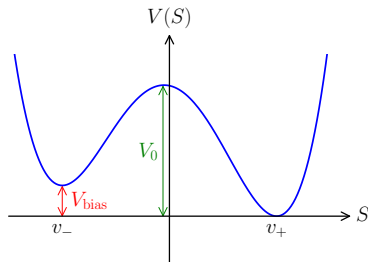
$$V_{\text{bias}} = V(v_-) - V(v_+) = \frac{4}{3} \epsilon v_s^4$$

$$\epsilon = -\frac{6\kappa_1 + \kappa_3 v_s^2}{4v_s^3}$$

DWs collapse when the **pressure force** becomes **larger** than the **tension force**

Consequently, the **annihilation temperature** of DWs can be estimated as

$$\begin{aligned} T_{\text{ann}} &= 34.1 \text{ MeV } \mathcal{A}^{-1/2} \left[\frac{g_*(T_{\text{ann}})}{10} \right]^{-1/4} \left(\frac{\sigma}{\text{TeV}^3} \right)^{-1/2} \left(\frac{V_{\text{bias}}}{\text{MeV}^4} \right)^{1/2} \\ &= 76.3 \text{ MeV } \mathcal{A}^{-1/2} \left[\frac{g_*(T_{\text{ann}})}{10} \right]^{-1/4} \left(\frac{0.2}{\lambda_S} \frac{m_s}{10^5 \text{ GeV}} \frac{\epsilon}{10^{-26}} \right)^{1/2} \end{aligned}$$



SGWB Spectrum from Collapsing DWs



The **SGWB spectrum** is commonly characterized by $\Omega_{\text{GW}}(f) = \frac{f}{\rho_c} \frac{d\rho_{\text{GW}}}{df}$



ρ_{GW} is the **GW energy density**, and ρ_c is the critical energy density



The SGWB from **collapsing DWs** can be estimated by **numerical simulations**

[Hiramatsu, Kawasaki, Saikawa, 1002.1555, 1309.5001, JCAP]



The **present SGWB spectrum** induced by collapsing DWs can be evaluated by

$$\Omega_{\text{GW}}(f)h^2 = \Omega_{\text{GW}}^{\text{peak}}h^2 \times \begin{cases} \left(\frac{f}{f_{\text{peak}}}\right)^3, & f < f_{\text{peak}} \\ \frac{f_{\text{peak}}}{f}, & f > f_{\text{peak}} \end{cases}$$

$$\Omega_{\text{GW}}^{\text{peak}}h^2 = 7.2 \times 10^{-18} \tilde{\epsilon}_{\text{GW}} \mathcal{A}^2 \left[\frac{g_{*s}(T_{\text{ann}})}{10} \right]^{-4/3} \left(\frac{\sigma}{1 \text{ TeV}^3} \right)^2 \left(\frac{T_{\text{ann}}}{10 \text{ MeV}} \right)^{-4}$$

$$f_{\text{peak}} = 1.1 \times 10^{-9} \text{ Hz} \left[\frac{g_{*s}(T_{\text{ann}})}{10} \right]^{1/2} \left[\frac{g_{*s}(T_{\text{ann}})}{10} \right]^{-1/3} \frac{T_{\text{ann}}}{10 \text{ MeV}}$$



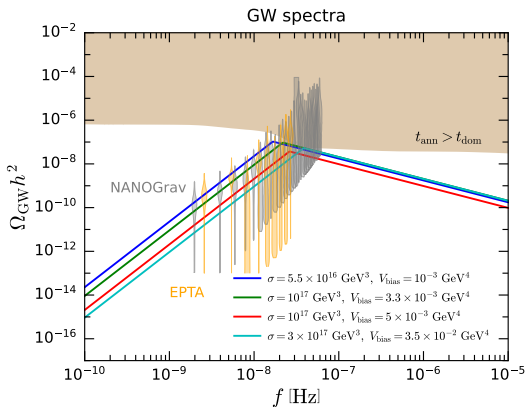
$\tilde{\epsilon}_{\text{GW}} = 0.7 \pm 0.4$ is derived from numerical simulation

Comparison [Z Zhang, CF Cai, YH Su, SY Wang, ZHY, HH Zhang, 2307.11495, PRD]

🎨 Comparing with the **reconstructed posterior distributions** for the **NANOGrav** and **EPTA** nHz GW signals, we find that the **GW spectra** from **collapsing DWs** with $\sigma \sim \mathcal{O}(10^{17}) \text{ GeV}^3$ and $V_{\text{bias}} \sim \mathcal{O}(10^{-3}) \text{ GeV}^4$ can explain the **PTA observations**

🏡 The **brown region** is **excluded** by the requirement that **DWs** should **annihilate before** they **dominate** the universe

$$\begin{aligned}\sigma &= 10^{17} \text{ GeV}^3 \\ V_{\text{bias}} &= 3.3 \times 10^{-3} \text{ GeV}^4 \\ \lambda_S &= 0.2 \\ v_s &= 6.2 \times 10^5 \text{ GeV} \\ m_s &= 3.9 \times 10^5 \text{ GeV} \\ \epsilon &= 3.6 \times 10^{-26} \\ T_{\text{ann}} &= 163 \text{ MeV} \\ \Omega_{\text{GW}}^{\text{peak}} h^2 &= 9.4 \times 10^{-8} \\ f_{\text{peak}} &= 2.2 \times 10^{-8} \text{ Hz}\end{aligned}$$



Loop-induced Z_2 -violating Potential



The **PTA GW signals** require a **very small** $V_{\text{bias}} = \frac{4}{3}\epsilon v_s^4$ with $\epsilon \sim \mathcal{O}(10^{-26})$



We consider V_{bias} to be generated by **loops** of **fermionic dark matter** through a **feeble Yukawa interaction** with the **scalar field** S



Assume a Lagrangian with a **Dirac fermion field** χ : $\mathcal{L}_\chi = \bar{\chi}(i\not{\partial} - m_\chi)\chi + y_\chi S \bar{\chi}\chi$



y_χ is the **Yukawa coupling constant**



When S acquires the VEV $\langle S \rangle \approx \pm v_s$, the χ mass becomes $m_\chi^{(\pm)} \approx m_\chi \mp y_\chi v_s$



We assume that $m_\chi \gg y_\chi v_s$, so $m_\chi^{(\pm)} \approx m_\chi$ holds



The **$S\bar{\chi}\chi$ coupling** explicitly breaks the **Z_2 symmetry** even if the **tree-level Z_2 -violating potential** is **absent**

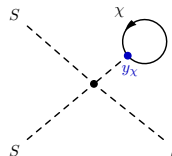
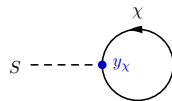


The **ϵ value** at the m_s scale induced by χ **loops** is

$$\epsilon(m_s) \approx \frac{3\lambda_S^{3/2} y_\chi}{\sqrt{2}\pi^2} \left(\frac{m_\chi}{m_s} \right)^3 \ln \frac{\Lambda_{\text{UV}}}{m_s}$$



Here, $\epsilon = 0$ at a **UV scale** Λ_{UV} is assumed



Freeze-in Dark Matter

🌴 After reheating, s **bosons** are in **thermal equilibrium** with the SM particles, while χ **fermions** would be **out of equilibrium** with $n_\chi \approx 0$ for a **feeble coupling** y_χ

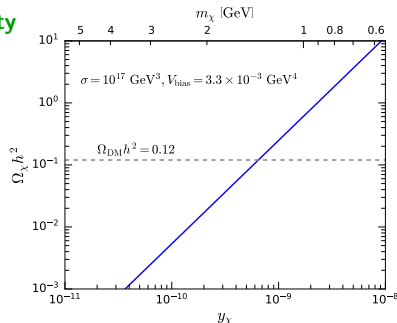
🏰 In this case, χ **fermions** could be **produced** via the s **decay** $s \rightarrow \chi\bar{\chi}$, but **never** reach thermal equilibrium if y_χ is **extremely small**, say, $y_\chi \sim \mathcal{O}(10^{-10})$

💡 This is the **freeze-in mechanism** of DM production [Hall et al., 0911.1120, JHEP]


🌴 χ acts as a **DM candidate** with a **relic density**

$$\Omega_\chi h^2 \approx 8.13 \times 10^{22} \frac{y_\chi^2 m_\chi}{m_s}$$

🌴 Both the **extremely tiny** $\epsilon \sim \mathcal{O}(10^{-26})$ and the **observed DM relic density** $\Omega_{\text{DM}} h^2 = 0.1200 \pm 0.0012$ can be **naturally explained** by the **feeble Yukawa coupling** $y_\chi \sim \mathcal{O}(10^{-10})$




Favored Parameter Regions


 The **NANOGrav collaboration** has reconstructed the posterior distributions of $(T_{\text{ann}}, \alpha_*)$ accounting for the **observed nHz GW signal**, where

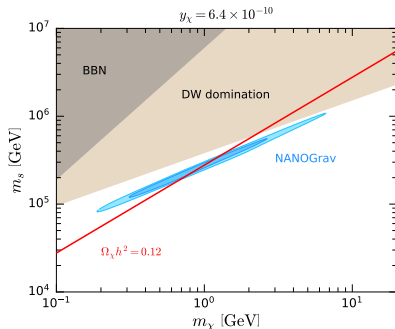
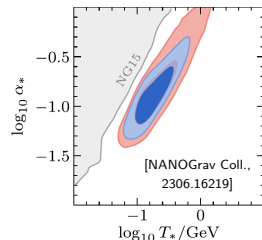
$$\alpha_* \equiv \frac{\rho_{\text{DW}}}{\rho_{\text{rad}}} \Big|_{T=T_{\text{ann}}}$$

$$= 0.035 \left[\frac{10}{g_*(T_{\text{ann}})} \right]^{1/2} \frac{\mathcal{A}}{0.8} \frac{0.2}{\lambda_S} \left(\frac{m_s}{10^5 \text{ GeV}} \right)^3 \left(\frac{100 \text{ MeV}}{T_{\text{ann}}} \right)^2$$

 We apply this result to our model and find the **favored parameter regions**

 **Deep** and **light blue regions** corresponds to the **68%** and **95% Bayesian credible regions** favored by the **NANOGrav data**, respectively

 **Brown** and **gray** regions are excluded because DWs would **dominate the universe** and would inject energetic particles to **affect the Big Bang Nucleosynthesis**, respectively



Summary

- In the early Universe, the **spontaneous breaking** of **symmetries** could lead to **topological defects**, such as **monopoles**, **cosmic strings**, and **domain walls**
- **Cosmic strings** or **collapsing domain walls** may result in a **stochastic GW background**, which could be probed in GW experiments
- We have studied the possible links to **dark matter** and to the recent observations of a **nHz SGWB** by **PTA collaborations** **NANOGrav**, **EPTA**, **CPTA**, and **PPTA**

Summary

- In the early Universe, the **spontaneous breaking** of **symmetries** could lead to **topological defects**, such as **monopoles**, **cosmic strings**, and **domain walls**
- **Cosmic strings** or **collapsing domain walls** may result in a **stochastic GW background**, which could be probed in GW experiments
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Thanks for your attention!

Original pNGB Dark Matter [Gross, Lebedev, Toma, 1708.02253, PRL]



Standard model (SM) Higgs doublet H , complex scalar S (SM singlet)



Scalar potential respects a **softly broken global U(1) symmetry** $S \rightarrow e^{i\alpha} S$



U(1) symmetric: $V_0 = -\frac{\mu_H^2}{2}|H|^2 - \frac{\mu_S^2}{2}|S|^2 + \frac{\lambda_H}{2}|H|^4 + \frac{\lambda_S}{2}|S|^4 + \lambda_{HS}|H|^2|S|^2$



Soft breaking: $V_{\text{soft}} = -\frac{\mu'_S{}^2}{4}S^2 + \text{H.c.}$

Approximate global U(1)



H and S develop **vacuum expectation values (VEVs)**



v_S

$$H \rightarrow \frac{1}{\sqrt{2}} \begin{pmatrix} 0 \\ v+h \end{pmatrix}, \quad S = \frac{1}{\sqrt{2}}(v_s + s + i\chi)$$

Z_2 symmetry



The **soft breaking term** V_{soft} give a mass to χ : $m_\chi = \mu'_S$



A **Z_2 symmetry** $\chi \rightarrow -\chi$ remains after U(1) **spontaneous symmetry breaking**



The **DM candidate** χ is a **stable pseudo-Nambu-Goldstone boson (pNGB)**



Rotate **CP-even Higgs bosons** h and s to **mass eigenstates** h_1 and h_2

$$\begin{pmatrix} h \\ s \end{pmatrix} = \begin{pmatrix} \cos \theta & \sin \theta \\ -\sin \theta & \cos \theta \end{pmatrix} \begin{pmatrix} h_1 \\ h_2 \end{pmatrix}, \quad m_{h_1, h_2}^2 = \frac{1}{2} \left(\lambda_H v^2 + \lambda_S v_s^2 \mp \frac{\lambda_S v_s^2 - \lambda_H v^2}{\cos 2\theta} \right)$$

DM-nucleon Scattering [Gross, Lebedev, Toma, 1708.02253, PRL]

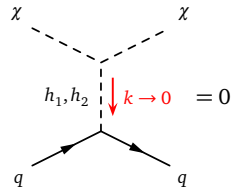


DM-quark interactions induce **DM-nucleon** scattering in direct detection



DM-quark scattering amplitude from Higgs portal interactions

$$\begin{aligned}\mathcal{M}(\chi q \rightarrow \chi q) &\propto \frac{m_q s_\theta c_\theta}{vv_s} \left(\frac{m_{h_1}^2}{t - m_{h_1}^2} - \frac{m_{h_2}^2}{t - m_{h_2}^2} \right) \\ &= \frac{m_q s_\theta c_\theta}{vv_s} \frac{t(m_{h_1}^2 - m_{h_2}^2)}{(t - m_{h_1}^2)(t - m_{h_2}^2)}\end{aligned}$$



Zero momentum transfer limit $t = k^2 \rightarrow 0$, $\mathcal{M}(\chi q \rightarrow \chi q) \rightarrow 0$



DM-nucleon scattering cross section **vanishes** at tree level



Tree-level interactions of a **pNGB** are generally **momentum-suppressed**




One-loop corrections typically lead to $\sigma_{\chi N}^{\text{SI}} \lesssim \mathcal{O}(10^{-50}) \text{ cm}^2$


[Azevedo et al., 1810.06105, JHEP; Ishiwata & Toma, 1810.08139, JHEP]




Beyond capability of current and near future direct detection experiments

UV Completion of pNGB DM


 In the **original pNGB DM model**, the term $V_{\text{soft}} = -\frac{\mu_S'^2}{4}(S^2 + S^{\dagger 2})$, which **softly breaks** the **U(1) global symmetry** $S \rightarrow e^{i\alpha} S$ into a Z_2 symmetry, is **ad hoc**

 Other soft breaking terms, such as a trilinear term $\propto S^3 + S^{\dagger 3}$, would **spoil the vanishing scattering amplitude**


 It demands an appropriate **ultraviolet (UV) completion** to **realize only** V_{soft}

 A possible UV completion is to **gauge the U(1) symmetry** with **$B - L$ charges**

[Abe, Toma & Tsumura, 2001.03954, JHEP; Okada, Raut & Shafi, 2001.05910, PRD]

 We consider another option that pNGB DM arises from a **hidden U(1)_X gauge symmetry**, where all the SM fields **do not** carry U(1)_X charges

[DY Liu, CF Cai, XM Jiang, **ZHY**, HH Zhang, 2208.06653, JHEP]


 The **gauge anomalies** are **canceled without** introducing **right-handed neutrinos**, so **less fields** are involved in this setup

UV Completion with a Hidden $U(1)_X$ Gauge Symmetry

 We introduce two **complex scalar fields** S and Φ carrying $U(1)_X$ **charges** 1 and 2

$$D_\mu S = (\partial_\mu - ig_X X_\mu)S, \quad D_\mu \Phi = (\partial_\mu - 2ig_X X_\mu)\Phi$$

$$\begin{aligned} \mathcal{L} \supset & (D^\mu H)^\dagger (D_\mu H) + (D^\mu S)^\dagger (D_\mu S) + (D^\mu \Phi)^\dagger (D_\mu \Phi) - \frac{1}{4} B^{\mu\nu} B_{\mu\nu} - \frac{1}{4} X^{\mu\nu} X_{\mu\nu} \\ & - \frac{s_\varepsilon}{2} B^{\mu\nu} X_{\mu\nu} + \mu_H^2 |H|^2 + \mu_S^2 |S|^2 + \mu_\Phi^2 |\Phi|^2 - \frac{\lambda_H}{2} |H|^4 - \frac{\lambda_S}{2} |S|^4 - \frac{\lambda_\Phi}{2} |\Phi|^4 \\ & - \lambda_{HS} |H|^2 |S|^2 - \lambda_{H\Phi} |H|^2 |\Phi|^2 - \lambda_{S\Phi} |S|^2 |\Phi|^2 + \frac{\mu_{S\Phi}}{\sqrt{2}} (\Phi^\dagger S^2 + \Phi S^{\dagger 2}) \end{aligned}$$

 The $B^{\mu\nu} X_{\mu\nu}$ term implies a **kinetic mixing** between the $U(1)_Y$ gauge field B^μ and the $U(1)_X$ **gauge field** X^μ with a mixing parameter $s_\varepsilon \equiv \sin \varepsilon \in (-1, 1)$

 S and Φ develop **nonzero VEVs** v_S and v_Φ with a **hierarchy** $v_S \sim v \ll v_\Phi$

$$H = \frac{1}{\sqrt{2}} \begin{pmatrix} 0 \\ v + h \end{pmatrix}, \quad S = \frac{1}{\sqrt{2}} (v_S + s + i\eta_S), \quad \Phi = \frac{1}{\sqrt{2}} (v_\Phi + \phi + i\eta_\Phi)$$


 The v_Φ **contribution** to the $\Phi^\dagger S^2$ **term** leads to the **desired soft breaking term**


$$V_{\text{soft}} = -\frac{\mu_S'^2}{4} (S^2 + S^{\dagger 2}) \text{ with } \mu_S'^2 = 2\mu_{S\Phi} v_\Phi$$


Physical Scalars

 Rotate the scalars from the interaction bases to the mass bases

$$\begin{pmatrix} h \\ s \\ \phi \end{pmatrix} = U \begin{pmatrix} h_1 \\ h_2 \\ h_3 \end{pmatrix}, \quad \begin{pmatrix} \eta_S \\ \eta_\Phi \end{pmatrix} = V \begin{pmatrix} \chi \\ \tilde{\chi} \end{pmatrix}$$


 h_1 (SM-like), h_2 , and h_3 are **CP-even Higgs bosons**, and $\tilde{\chi}$ is a **massless Nambu-Goldstone boson** associated with the **$U(1)_X$ gauge symmetry breaking**

 χ is a **pNGB DM candidate** with a mass squared of $m_\chi^2 = \frac{\mu_{S\Phi}}{2v_\Phi}(v_S^2 + 4v_\Phi^2)$


 v_Φ represents a **UV scale** that breaks the **$U(1)_X$ gauge symmetry** into an **approximate $U(1)_X$ global symmetry**

Gauge $U(1)_X$

UV scale  v_Φ

 Below the **lower scale** v_S , the **global $U(1)_X$** is spontaneously broken, resulting in **pNGB DM**

Approximate global $U(1)_X$

 In the **limit** $v_\Phi \rightarrow \infty$ and $\mu_{S\Phi} \rightarrow 0$ with **finite** $\mu_S'^2$, the **original pNGB DM model** is recovered

Lower scale  v_S

Approximate Z_2

Direct Detection



The **UV completion** gives $\mu_S'^2$ a **dynamical origin**, but inevitably introduces the χ - χ - ϕ **coupling**, leading to a **nonvanishing** χ -nucleon scattering amplitude



χN **scattering cross section** is **highly suppressed by v_Φ^{-4}**

$$\sigma_{\chi N}^{\text{SI}} \simeq \frac{\tilde{\lambda}^2 m_N^4 m_\chi^4 [2 + 7(f_u^N + f_d^N + f_s^N)]^2}{1296\pi(m_N + m_\chi)^2 v^4 v_\Phi^4} + \mathcal{O}(v_\Phi^{-6})$$

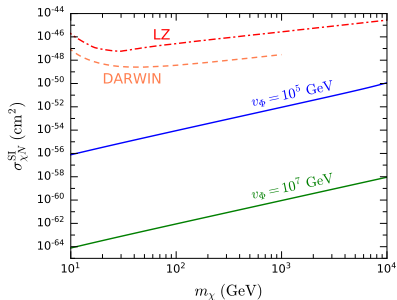
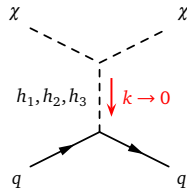
$$\tilde{\lambda} = \frac{\lambda_{H\Phi}\lambda_{S\Phi} - \lambda_\Phi\lambda_{HS} + 2\lambda_{HS}\lambda_{S\Phi} - 2\lambda_S\lambda_{H\Phi}}{\lambda_H\lambda_S\lambda_\Phi + 2\lambda_{HS}\lambda_{H\Phi}\lambda_{S\Phi} - \lambda_S\lambda_{H\Phi}^2 - \lambda_\Phi\lambda_{HS}^2 - \lambda_H\lambda_{S\Phi}^2}$$



$v_\Phi = 10^5$ GeV can result in $\sigma_{\chi N}^{\text{SI}}$ **much smaller** than 90% C.L. upper limits from the **LZ experiment** [2207.03764], and even **beyond the reach** of the future **DARWIN experiment** with a 200 t · yr exposure [1606.07001, JCAP]

$$v_S = 1 \text{ TeV}, \quad m_{h_2} = 300 \text{ GeV}, \quad m_{h_3} = 0.1 v_\Phi$$

$$\lambda_{HS} = 0.03, \quad \lambda_{H\Phi} = \lambda_{S\Phi} = 0.01$$



Neutral Gauge Boson Mixing

Transform the **gauge basis** (B_μ, W_μ^3, X_μ) to the **mass basis** (A_μ, Z_μ, Z'_μ)

$$\begin{pmatrix} B_\mu \\ W_\mu^3 \\ X_\mu \end{pmatrix} = V_K(\varepsilon) R_3(\hat{\theta}_W) R_1(\xi) \begin{pmatrix} A_\mu \\ Z_\mu \\ Z'_\mu \end{pmatrix}$$

$$V_K(\varepsilon) = \begin{pmatrix} 1 & & -t_\varepsilon \\ & 1 & \\ 0 & & 1/c_\varepsilon \end{pmatrix}, \quad R_3(\hat{\theta}_W) = \begin{pmatrix} \hat{c}_W & -\hat{s}_W & \\ \hat{s}_W & \hat{c}_W & \\ & & 1 \end{pmatrix}, \quad R_1(\xi) = \begin{pmatrix} 1 & & \\ & c_\xi & -s_\xi \\ & s_\xi & c_\xi \end{pmatrix}$$

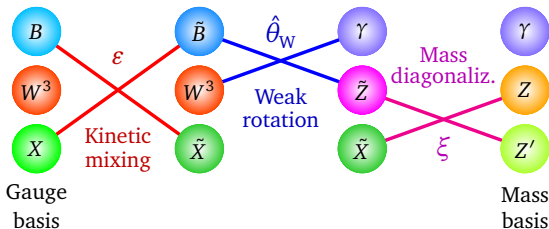
[Babu, Kolda, March-Russell, hep-ph/9710441, PRD]

$$t_\varepsilon \equiv \tan \varepsilon, \quad c_\varepsilon \equiv \cos \varepsilon$$

$$\hat{s}_W \equiv \sin \hat{\theta}_W, \quad \hat{c}_W \equiv \cos \hat{\theta}_W$$

$$\hat{\theta}_W \equiv \tan^{-1} \frac{g'}{g}$$

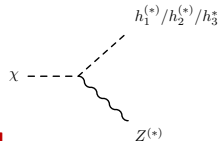
$$s_\xi \equiv \sin \xi, \quad c_\xi \equiv \cos \xi$$



The **hierarchy** $v \sim v_S \ll v_\Phi$ implies a **mass hierarchy** $m_{h_1} \sim m_{h_2} \ll m_{h_3} \sim m_{Z'}$

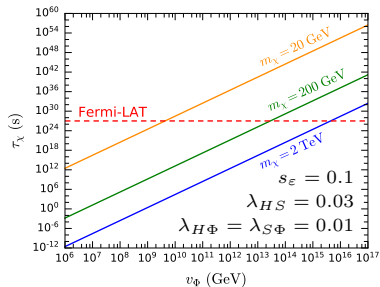
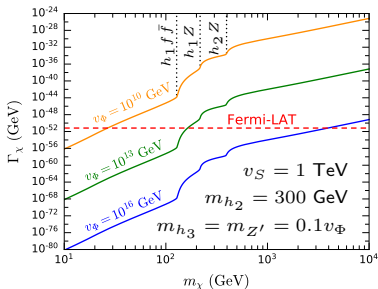
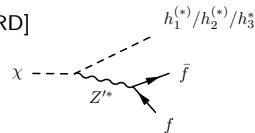
DM Lifetime [DY Liu, CF Cai, XM Jiang, ZHY, HH Zhang, 2208.06653, JHEP]

🍁 For **finite** v_Φ , the Z - χ - h_i and Z' - χ - h_i **couplings** from gauge interactions **break** the Z_2 **symmetry** $\chi \rightarrow -\chi$, inducing χ **decay processes** $\chi \rightarrow h_i^{(*)} Z^{(*)}$ and $\chi \rightarrow h_i^{(*)} Z'^*$ for $m_\chi \ll m_{Z'} \sim m_{h_3}$



🌿 **Fermi-LAT** γ -ray observations of dwarf galaxies imply a **bound** on the **DM lifetime**, $\tau_\chi \gtrsim 10^{27}$ s [Baring et al., 1510.00389, PRD]

🍄 This corresponds to $\Gamma_\chi \equiv 1/\tau_\chi \lesssim 6.6 \times 10^{-52}$ GeV, which will give a **lower bound** on the **UV scale** v_Φ



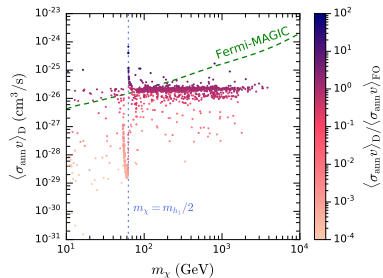
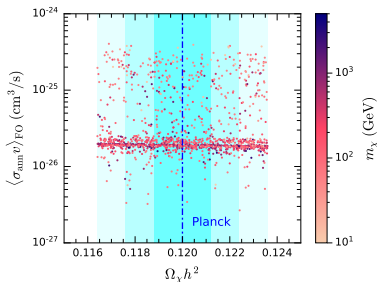
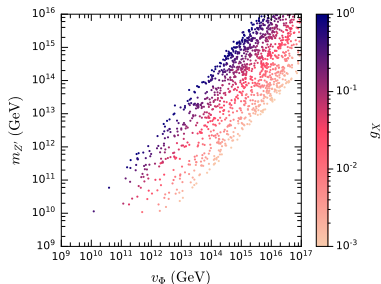
Parameter Scan [DY Liu, CF Cai, XM Jiang, ZHY, HH Zhang, 2208.06653, JHEP]



We perform a **random scan** in 10-dimensional parameter space of $(v_S, v_\Phi, m_\chi, m_{h_2}, m_{h_3}, m_{Z'}, \lambda_{HS}, \lambda_{H\Phi}, \lambda_{S\Phi}, s_\varepsilon)$, taking into account the constraints from the **DM lifetime**, the **LHC Higgs measurements**, and the **relic abundance**



We find that the **lower bound** on the **UV scale** v_Φ is down to $\sim 10^9$ GeV, given by the **Fermi-LAT constraint on τ_χ**



Higgs Physics [DY Liu, CF Cai, XM Jiang, ZHY, HH Zhang, 2208.06653, JHEP]



Couplings of the **SM-like Higgs boson** h_1 to SM particles can be parametrized as

$$\mathcal{L}_{h_1} = \kappa_W \frac{2m_W^2}{v} h_1 W_\mu^+ W^{-,\mu} + \kappa_Z \frac{m_Z^2}{v} h_1 Z_\mu Z^\mu - \sum_f \kappa_f \frac{m_f}{v} h_1 \bar{f} f$$

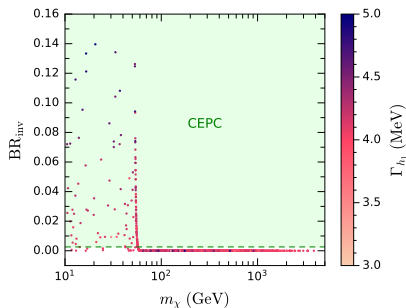
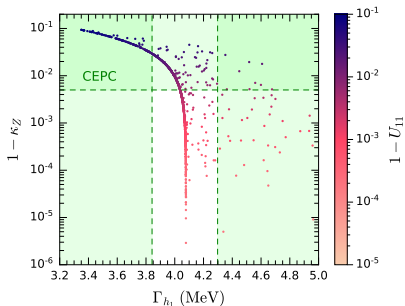


The **SM** corresponds to $\kappa_W = \kappa_Z = \kappa_f = 1$, while this model gives

$$\kappa_W = \kappa_f = U_{11}, \quad \kappa_Z = U_{11} c_\xi^2 (1 + \hat{s} w t_\epsilon t_\xi) + \frac{s_\xi^2 g_X^2 v}{c_\epsilon^2 m_Z^2} (U_{21} v_S + 4 U_{31} v_\Phi)$$



Exotic h_1 decay channels may include $h_1 \rightarrow \chi\chi$, $h_1 \rightarrow \chi Z$, and $h_1 \rightarrow h_2 h_2$



Parameter Point Selection [ZY Qiu, ZHY, 2304.02506, CPC]

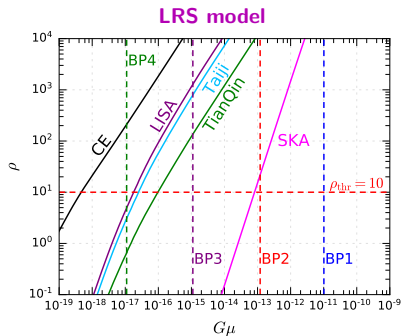
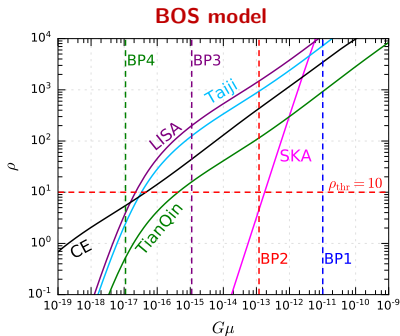
The following criteria are used to select the parameter points

- 1 In order to guarantee the **vacuum stability**, the scalar potential should satisfy the **copositivity criteria**
- 2 The **lifetime** of the **pNGB DM particle** χ should satisfy the **Fermi-LAT bound**
 $\tau_\chi \gtrsim 10^{27} \text{ s}$
- 3 The **DM relic abundance** $\Omega_\chi h^2$ calculated by micrOMEGAs should be in the 3σ range of the **Planck value** $\Omega_{\text{DM}} h^2 = 0.1200 \pm 0.0012$
- 4 The **total $\chi\chi$ annihilation cross section** $\langle\sigma_{\text{ann}}v\rangle$ should not be excluded by the upper limits at the 95% C.L. given by the combined **Fermi-LAT** and **MAGIC γ -ray observations** of dwarf spheroidal galaxies in the $b\bar{b}$ channel
- 5 The signal strengths of the **SM-like Higgs boson** h_1 should be consistent with the **LHC Higgs measurements** at 95% C.L. based on the HiggsSignals calculation
- 6 The **exotic Higgs boson** h_2 should not be excluded at 95% C.L. by the **direct searches** at the **LHC** and the **Tevatron** according to HiggsBounds

Benchmark Points [ZY Qiu, ZHY, 2304.02506, CPC]

	BP1	BP2	BP3	BP4
v_S (GeV)	1953	2101	548.5	1388
v_Φ (GeV)	1.335×10^{13}	1.939×10^{12}	1.969×10^{11}	3.179×10^{10}
m_χ (GeV)	199.8	56.26	98.16	123.1
m_{h_2} (GeV)	986.7	627.7	484.3	362.6
m_{h_3} (GeV)	8.403×10^{12}	1.469×10^{12}	1.893×10^{11}	8.312×10^9
$m_{Z'}$ (GeV)	7.255×10^{11}	5.929×10^{11}	9.661×10^{10}	4.979×10^{10}
$\lambda_{H\Phi}$	-6.330×10^{-2}	-3.786×10^{-1}	-1.278×10^{-2}	-6.114×10^{-2}
$\lambda_{S\Phi}$	-2.870×10^{-1}	-5.416×10^{-2}	2.813×10^{-1}	3.188×10^{-2}
λ_{HS}	3.259×10^{-1}	1.189×10^{-1}	-1.750×10^{-1}	1.819×10^{-2}
s_ε	4.840×10^{-3}	3.222×10^{-1}	7.161×10^{-2}	1.929×10^{-3}
$G\mu$	1.01×10^{-11}	1.20×10^{-13}	1.11×10^{-15}	1.10×10^{-17}
$\Omega_\chi h^2$	0.118	0.121	0.120	0.119
$\sigma_{\chi N}^{\text{SI}}$ (cm ²)	1.38×10^{-86}	1.62×10^{-86}	1.59×10^{-82}	8.45×10^{-77}
$\langle \sigma_{\text{ann}} v \rangle$ (cm ³ /s)	2.00×10^{-26}	2.87×10^{-29}	2.01×10^{-26}	1.71×10^{-26}
ρ_{LISA} (BOS)	1.15×10^4	1.48×10^3	2.00×10^2	3.97
ρ_{Taiji} (BOS)	7.26×10^3	9.37×10^2	1.26×10^2	2.45
ρ_{TianQin} (BOS)	9.25×10^2	1.15×10^2	1.59×10^1	5.28×10^{-1}
ρ_{CE} (BOS)	3.49×10^3	4.33×10^2	4.42×10^1	5.48
ρ_{LISA} (LRS)	1.15×10^7	1.38×10^5	1.28×10^3	4.93
ρ_{Taiji} (LRS)	7.19×10^6	8.57×10^4	7.95×10^2	3.05
ρ_{TianQin} (LRS)	1.20×10^6	1.42×10^4	1.36×10^2	6.48×10^{-1}
ρ_{CE} (LRS)	4.36×10^6	2.18×10^6	2.02×10^4	2.11×10^2

Sensitivity of Future GW Experiments [ZY Qiu, ZHY, 2304.02506, CPC]



Expected upper limits on $G\mu$ corresponding to the signal-to-noise ratio $\rho_{\text{thr}} = 10$

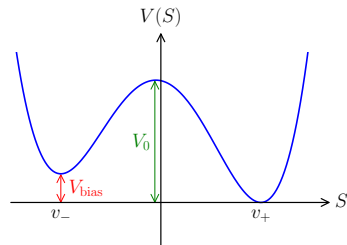
	LISA	Taiji	TianQin	CE	SKA
BOS	2.21×10^{-17}	3.34×10^{-17}	4.28×10^{-16}	4.54×10^{-17}	1.77×10^{-13}
LRS	1.79×10^{-17}	2.51×10^{-17}	9.67×10^{-17}	4.66×10^{-19}	8.09×10^{-14}

Upper and Lower Bounds on V_{bias}

🧀 If V_{bias} is **too large**, DWs **cannot** be created from the beginning

🥪 According to **percolation theory**, **large-scale DWs** can be **formed** only if $V_{\text{bias}} < 0.795V_0$

🍞 Requiring DWs should **collapse before** they **dominate** the universe leads to



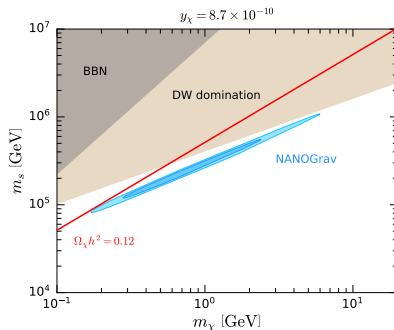
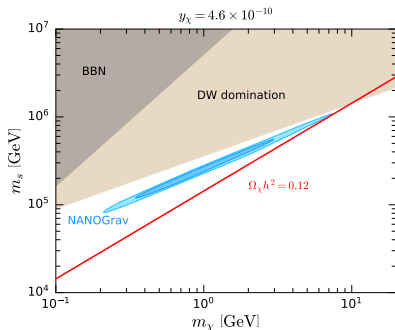
$$V_{\text{bias}}^{1/4} > 0.0218 \text{ MeV } \mathcal{A}^{1/2} \left(\frac{\sigma}{\text{TeV}^3} \right)^{1/2}$$

🍔 Moreover, the **energetic particles** produced from **DW collapse** could **destroy** the **light elements** generated in the **Big Bang Nucleosynthesis (BBN)**

🌮 Thus, we should require that **DWs annihilate before the BBN epoch**

🍌 This leads to $V_{\text{bias}}^{1/4} > 0.507 \text{ MeV } \mathcal{A}^{1/4} \left(\frac{\sigma}{\text{TeV}^3} \right)^{1/4}$

Viable Parameter Ranges [Zhang, Cai, Su, Wang, ZHY, Zhang, 2307.11495, PRD]



The **intersection** of the $\Omega_\chi h^2 = 0.12$ **line** and the **NANOGrav** favored regions **sensitively depends** on the y_χ **value**



For $\lambda_S = 0.2$, the parameter ranges where our model can **simultaneously explain** the **NANOGrav GW signal** and the **DM relic density** are

$$4.6 \times 10^{-10} \lesssim y_\chi \lesssim 8.7 \times 10^{-10}$$

$$0.17 \text{ GeV} \lesssim m_\chi \lesssim 7.5 \text{ GeV}, \quad 8.1 \times 10^4 \text{ GeV} \lesssim m_s \lesssim 10^6 \text{ GeV}$$